



Frank Paul Tabet

July 23, 1954 - April 21, 2026

1954-2026

Frank Paul Tabet, age 71, a lifelong resident of Belen, passed away on April 21, 2026. As the eldest of 6 kids, working in his family's grocery store, Frankie grew up a natural leader. He excelled in academics and sports and as a result of his high school success, he was nominated to the US Naval Academy. He chose to attend UNM instead, completing a Bachelor's of Science degree.

After graduating college, Frankie became a business owner in T or C, NM where he ran a successful Kentucky Fried Chicken franchise. He used to joke that he was actually old enough to have met Colonel Sanders (whom he did meet).

Seeking new challenges, Frankie went on to a second career using his biology and chemistry background as a professional staff member at the NM Scientific Laboratory. He later worked for the Belen Consolidated Schools where he made many friends.

Upon retirement, Frankie lived a relatively simple life for our times. Affectionately known as "Uncle Frankie", he enjoyed family functions and gatherings, watching the Cowboys and Lobos, quiet evenings for reading and spirituality, and being a good neighbor in his Rio Communities home. He was a long-distance runner for most of his life, he could cover 6 miles with a

steady, easy gait. A devoted family member to his siblings and nieces and nephews—if you were grappling with a life transition or dilemma, he was a good listener, philosophical and supportive. Frankie was very loved.

Frankie was preceded in death by his parents Frank and Dora Tabet and his brother Stephen Tabet, MD. He is survived by siblings Anna Chavez (Sammy), Janet Tabet-Romero (Frank), Adam Tabet, MD (Connie) and Estella Tabet (Nadia). Nieces and nephews Marianne Candelaria (Carl), Dora Ann Delgado, Joey Chavez (Catherine), Noah Tabet and Alissa Tabet. Great nieces and nephews Christopher Loera; Halie Ann, Leia Ann and Mark Delgado; Ryan, Ava and Jon Candelaria; and Cameron and ShirleyAnn Chavez.

Although Frankie is no longer with us, we take comfort in knowing that he is at peace in the presence of our Lord Jesus Christ and his legacy of faith and love will continue to live on in all who knew him.

Tribute Wall

CR

“ Cynthia Romero sent a virtual gift in memory of Frank Paul Tabet



Cynthia Romero - June 06 at 12:14 AM

LB

“ May the perpetual light shine on Frank. My condolences to the Tabet Family.



Laura Baca - June 02 at 07:10 AM

WI

“ May Frankie and of course dear Stephen rest in peace together.
WS

Willie - May 07 at 09:05 AM

WS

“ My sincerest sympathies, particularly to my cousins Anna, Janet, & Adam. We always enjoyed our regular visits to Belen, seeing Frankie and the whole Tabet family. So sorry. Willie Silva, Colorado Springs.

William Silva - May 06 at 12:48 PM

RR

“ *My sincere condolences on your loss. My thoughts and prayers are with you. May God bless and comfort you during this difficult time.*



Rita Romero - May 06 at 11:32 AM

JS

“ *Janet Sanchez lit a candle in memory of Frank Paul Tabet*



Janet Sanchez - May 05 at 06:07 AM

JS

My condolences to Frank's family. RIP Frank.

Janet Sanchez - May 05 at 06:08 AM

CC

“ *Condolences to Anna, Janet and family. Cecilia Cordova*



Cecilia Cordova - May 04 at 11:04 PM

LA

“ Laura And Anita lit a candle in memory of Frank Paul Tabet



laura and Anita - May 04 at 10:21 PM

RS

“Lit a candle In Memory of Frank Paul Tabet.”



Sincerely,
Ruby Romero Salas
Belen High School Class of 1972



Ruby Salas - May 03 at 09:04 PM

LC

“ I will add always remember how much pride Frank and I took in the "soap" we made in Ms. Schottsneider's third grade class. I am sorry to hear of his passing. My thoughts and prayers go out to his family.

Leo W Carbajal - May 03 at 08:36 PM

RS

“ I had the pleasure of working with Frank at the Belen Consolidated School warehouse. He was always so kind. RIP my friend.



Roberta Sanchez - May 02 at 05:40 PM

AG

“ Frankie was a friend that was kind I would see him at Walmart he love Apple like me I introduce him to Fuji apples. Frankie would call me on the phone and apologize for calling. We played football in high school together he was quarterback left hand. Was just a good person. My prayers go out to the family.

Anthony Garcia - May 02 at 01:09 AM

LW

“ We had the same birthday! We knew each other over 60 years and I'm just find this out? There was always something new to discover with Frank. My sincere condolences to his loved ones. I know you will truly miss him. Lynda Sparber Witz

Lynda Sparber Witz - May 02 at 12:56 AM

MY

“ Always enjoyed Frank and his friendship. So sad to hear of his passing. My condolences to the family.



mike Young - May 02 at 12:11 AM

EB

“ Frank will always be a part of our story. He was a part of our youth, our memories and our lives. Held in our hearts, remembered in our prayers and entrusted in God's loving care. Our sincere condolences to the family.

*Belen High School
Class of 1972
Ermelinda Baca, Secretary*



Ermelinda Baca - May 01 at 03:16 PM

CW

“ So sorry for loss loss. My thoughts and prayers are with the family



Csthy Walker - May 01 at 10:57 AM

MK

“ My deepest condolences to his family. You all are in my thoughts and prayers

Robert and Marilyn



Marilyn Kaneshiro - May 01 at 10:55 AM

NY

“ Nancy & Mike Yokota lit a candle in memory of Frank Paul Tabet



Nancy & Mike Yokota - April 30 at 05:03 PM

DT

“ Debbie Tabet lit a candle in memory of Frank Paul Tabet



Debbie Tabet - April 30 at 02:08 PM

DM

“ Dolores McDuffie lit a candle in memory of Frank Paul Tabet



Dolores McDuffie - April 30 at 12:19 PM

MM

Sincere condolences to my friend Adam and his family. Praying for you.
Margaret Mirabal Mikelson

Margaret Mikelson - April 30 at 10:08 PM

AS

“ *Adela Sanchez lit a candle in memory of Frank Paul Tabet*



Adela Sanchez - April 30 at 09:39 AM

PT

“ *Phyllis Tabet lit a candle in memory of Frank Paul Tabet*



Phyllis Tabet - April 30 at 09:37 AM

CT

“ *My sincere condolences to Frank's family. Rest in Peace.*



Corine Trujeque - April 30 at 09:30 AM

ET

To Frank Paul Tabet's family, so sorry for your loss..may he RIP 🙏

Eloisa Tabet - April 30 at 11:03 AM

WP

RIP Franky Paul! We played together every summer approximately 7-14 growing up. You and your family was the best in my memory. Aunt Dora, Uncle Frank, Janet, Stephen, & Adam. Just a great man, the whole family has that great integrity brought up by wonderful parents. I so missed Aunt Dora, and Uncle Frank and my cousins!

Will Padilla - May 09 at 12:11 PM

WP

Oh, especially sorry for your Loss Anna, You were always my favorite "gir!" cousin! These losses are most hard to bear! Love, Will

Will Padilla - May 09 at 12:17 PM

JT

“ *James Tabet lit a candle in memory of Frank Paul Tabet*



James Tabet - April 30 at 09:06 AM

DU

“ *Diana Phillips Ulibarri lit a candle in memory of Frank Paul Tabet*



Diana Phillips Ulibarri - April 30 at 08:59 AM

RO

“ *Ron&Debbie Ortega lit a candle in memory of Frank Paul Tabet*



Ron&Debbie Ortega - April 29 at 10:53 PM

BJ

“ Anna & Family,
My sincere condolences on your loss, my
thoughts & prayers are with you.
May God Bless & comfort you all during this
difficult time.
Beatrice Jojola



Beatrice Jojola - April 29 at 10:03 PM

RT

“ Renee Tabet lit a candle in memory of Frank
Paul Tabet



Renee Tabet - April 29 at 07:40 PM

RT

*My condolences to the family. May you find peace in his memory and
May perpetual light shine upon him. 🙏*

Renee Tabet - April 29 at 07:41 PM

EH

“ Eva Hogue lit a candle in memory of Frank
Paul Tabet



Eva Hogue - April 29 at 07:31 PM

J

“ Frankie was such a great guy, kind, sincere, and always had a sense of humor. He loved his family and friends dearly and would be there for them. He will be missed by everyone who knew and loved him. RIP Frankie Paul. I'm sad.



Janice "Tex" - April 29 at 06:57 PM

EH

“ Frankie was my best friend we worked together at Frank's market were in the same class we would still talked to each other almost every week about the Cowboy's can't believe he is gone will miss the guy , we grew up together this is a sad day for me . 😞😞😞

Eddie Hurbina - April 29 at 06:33 PM

GP

“ Sending Our Deepest Condolences to the family of Frank Chavez



Gilbert Marie Pino - April 29 at 04:57 PM

GP

“ Sending Our Deepest Condolences to the family of



Gilbert Marie Pino - April 29 at 04:56 PM

AP

“ *Angela Padilla lit a candle in memory of Frank Paul Tabet*



angela Padilla - April 29 at 03:50 PM

TS

“ *Theresa Sanchez lit a candle in memory of Frank Paul Tabet*



Theresa Sanchez - April 29 at 03:15 PM

KM

“ *Karen Marquez lit a candle in memory of Frank Paul Tabet*



Karen Marquez - April 29 at 03:00 PM

ST

“ *Steve&MagdalenSanchez lit a candle in memory of Frank Paul Tabet*



Steve&MagdalenSanchez - April 29 at 02:59 PM

GG

“ *Glen & Mary Gabaldon lit a candle in memory of Frank Paul Tabet*



Glen & Mary Gabaldon - April 29 at 02:32 PM



“ *I think my grandmother Margaret Pino used to babysit him and his siblings.*

Kathy Reyes - April 29 at 02:16 PM

MM

I am so sorry to hear of Frank's passing! I got to know him as we were both early walkers in our community! He was a kind and caring man. May he rest in peace! My sincere condolences to his family.

Monica MacEachen - May 10 at 12:23 AM

AT

“ *It saddens me to hear of Franks passing. He was a good friend, always so kind and polite. I would always meet up with him at Walmart and we would stay talking for what seemed like hours although it was just minutes. To his family please accept my sincere condolences and may our Dear Lord guide you and comfort you during this difficult time. RIP my friend, you will be missed.*
Angie Torres

Angie Torres - April 29 at 02:01 PM